

MOI UNIVERSITY

OFFICE OF THE DVC ACADEMIC AFFAIRS, RESEARCH AND EXTENSION

UNIVERSITY EXAMINATIONS

2015/2016 ACADEMIC YEAR

FIRST YEAR END OF SEMESTER EXAMINATIONS

FOR THE DEGREE OF BACHELOR OF BUSINESS MANAGEMENT

EXAM CODE: SBE 101

EXAM TITLE: HEALTH AWARENESS

DATE: 11TH AUGUST, 2016 TIME: 9.00 A.M. - 12.00 NOON

INSTRUCTION TO CANDIDATES

SEE INSIDE

THIS PAPER CONSISTS OF (2) PRINTED PAGE

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INSTRUCTIONS

Answer Question 1 and any other 3 questions

Question 1- COMPULSORY

Health awareness plays a greater role in health promotion and sustainability of livelihoods. Public health has a history of concern with environmental factors, particularly in relation to the provision of clean air and water, and uncontaminated environments. Since the late twentieth century, health program planners have worked with the concept of determinants of health and the value of community connection, and started to explore the role of nature in mental health, the importance of livable communities and active transport for promoting health, and the interconnection of ecosystems and health. It is notable that dynamics in the health sector and constant and some communities are ignorant of the facts. Cases such as communicable diseases are for instance alarming in Kenya and less or no attention is paid to the worrying trends. As a result:

- a) Explain ways of promoting health awareness (8 marks)
- b) Discuss the common diseases that affect populations in Kenya (9 marks)
- c) Citing relevant examples discussed in class, describe public health functions in Kenya (8 marks)

Question 2

Disease occurrence and widespread has become a major challenge to the public health department. Today, there are some diseases, which their causes are unknown. Using relevant examples,

- a) Explain ways in which diseases can be classified (8 marks)
- b) Discuss disease prevention methods (7 marks)

Question 3

Human hygiene in personal and social aspects of life is one of the most important practice that cannot be underestimated. In relevance to personal hygiene, answer the following questions

- a) What is the easiest way to prevent catching the flu?
- b) A single cough can contain thousands of bacteria and viruses. What can you do to stop the spread at the source?
- c) What the minimum amount is of times a day should you brush your teeth?
- d) Besides washing and scrubbing your feet every day. What else should you do for proper foot hygiene?
- e) What is the most important thing to do to your hair every day?
- f) How do you get bad odors off your body?
- g) Give 3 examples of when to wash your hands.
- h) What should you put on before going out on a hot, sunny day?
- i) Name one disease caused by bacteria.
- j) True or False: Water is the most important thing for personal hygiene.15 (Mks)

Question 4

Every organization today is guided by organizational structure in its various functions.

- a) Illustrate the role of organizational structure in a hospital institution (5marks)
- b) Explain the hospital management team composition (5 marks)
- c) Discuss the functions of hospital management team in a health institution in Kenya (5marks)

Question 5

Identify and discuss the various roles of health management programs in Kenya (15 marks)

Question 6

- a) Explain the determinants of health in Kenya (8 marks)
- b) Describe the causes of poverty and debt inequities in the health sector (7marks)