



MUEO

MOI UNIVERSITY

**OFFICE OF THE DEPUTY VICE CHANCELLOR, ACADEMIC
AFFAIRS, RESEARCH & EXTENSION**

**UNIVERSITY EXAMINATIONS
2014/2015 ACADEMIC YEAR**

FIRST YEAR END OF SEMESTER EXAMINATIONS

**FOR THE DEGREE OF
BACHELOR OF BUSINESS MANAGEMENT**

EXAM CODE:- SBE 101

COURSE TITLE:- HEALTH AWARENESS

DATE:- 1ST DECEMBER, 2015

TIME:- 9.00A.M. – 12.00NOON.

INSTRUCTION TO CANDIDATES

➤ SEE INSIDE.

THIS PAPER CONSISTS OF (2) PRINTED PAGES

PLEASE TURN OVER

INSTRUCTIONS

- Answer Question **ONE** and any other **THREE** Questions.
 - Do not write on the question paper.
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QUESTION ONE 25 MKS (COMPULSORY)

- a) Define the following terms
 - i. Stress(2mks)
 - ii. Physical fitness . (2mks)
 - iii. Homeostasis. (2mks)
 - iv. Epidemiology (2mks)
- b) Describe the levels of structural organization that make up a human body? (5mks)
- c) Define the eleven systems of the human body, the organs present in each, and their general functions. (12mks)

QUESTION TWO (15mks)

- a) In 1996, the Kenyan Government declared HIV-Aids scourge/ pandemic a national disaster/ catastrophe.
 - i. What actions (Strategies/Policies) has the Kenyan government taken to combat this scourge/ pandemic since 1996? (3mks)
 - ii. How does HIV/AIDS affect the overall development of a country? (2mks)
 - iii. Currently there are many emerging and frightening diseases to mankind in the world, HIV-Aids and Ebola being some of them. In relevance to these diseases. State and briefly explain **Four** common facts about HIV-Aids and Ebola. (4mks)
- b) Define health, and explain the significance of elements of health in the life of a 1st year university student in achieving a balanced health. (6mks)

QUESTION THREE (15mks)

- a) Discuss the functions of public health. (7mks)
- b) Explain in detail the **Components of Physical Fitness** and clearly state its importance in personal health care? (8mks)

QUESTION FOUR (15mks)

- a) An eating disorder may be associated with biological, genetic or environmental factors combined with a particular event that triggers the disorder. Discuss in detail the three most common eating disorders. (8mks)
- b) Define the important life process of the human body. (7mks)

QUESTION FIVE (15mks)

- a) Contrast and give examples of symptoms and signs of a disease. **(4mks)**
- b) How do we involve the community in public health interventions? **(3mks)**
- c) Why is there a lot of interest in Drug/Substance Use/Abuse in Kenyan learning institutions today? Explain **FIVE** main reasons for this interest. **(8mks)**

QUESTION SIX (15mks).

- i. What is assessability in primary health care. **(2mks)**
- ii. Define primary health care (PHC) and describe its concept **(4mks)**
- iii. Describe the components, strategies and principles of PHC. **(9mks)**