



MUEO

MOI UNIVERSITY

**OFFICE OF THE DEPUTY VICE CHANCELLOR, ACADEMIC
AFFAIRS, RESEARCH & EXTENSION**

**UNIVERSITY EXAMINATIONS
2018/2019 ACADEMIC YEAR**

END OF SEMESTER EXAMINATIONS

**FOR THE DEGREE
IN BACHELOR OF BUSINESS AND ECONOMICS**

EXAM CODE: BBM SBE 101

COURSE TITLE: HEALTH AWARENESS

DATE: 5TH DECEMBER, 2018

TIME: 9.00A.M. – 12.00 NOON.

INSTRUCTION TO CANDIDATES

> SEE INSIDE.

THIS PAPER CONSISTS OF (3) PRINTED PAGES

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INSTRUCTIONS: Answer Question, ONE and Any other Three
QUESTION ONE: Compulsory

There are wide gaps in healthcare in Sub-Saharan Africa (SSA) today and one of the key aspect is health education about incidences of diseases, burden of diseases and knowledge about diseases. In other regions, basic healthcare services such as immunization, family planning, treatment of common cold are becoming more available. However, there remain huge challenges regarding health awareness in SSA. Most institutions of health and the government have tried to inform the public about different health aspects that affect the livelihoods of the populations, yet there are still increased disease burdens in Africa. The question is “what is the gap?”

- a) Using examples, explain why health awareness remains a challenge in the Kenyan context yet there are available mechanisms in place to address various health related challenges **(15 marks)**

- b) Suggest ways that the government of Kenya should adopt to increase health awareness to all her citizens including those in the remote locations **(10 marks)**

QUESTION TWO

Since the implementation of the new Kenyan constitution, the health function is now a devolved function of the county governments. For the last six years, the county governments are struggling in promoting preventative, curative and management of health. Citing relevant examples,

- a) Explain the challenges facing county government health administrators in addressing healthcare issues at county level **(8 marks)**

- b) Discuss the role of hospital management team in a hospital institution **(7 marks)**

QUESTION THREE

- a) According to the World Health Organization (WHO), several factors determine the health of a population. As a health awareness student, illustrate the health determinants using a model and explain how each one of them influence the health of a population (10 marks)

- b) Explain different perspectives of health **(5 marks)**

QUESTION FOUR

- a) In Kenya today, the burden of diseases has tremendously increased and some of the causes of diseases are not known. Using your health awareness knowledge, describe different types of diseases that affect the Kenyan population **(8 marks)**

- b) Explain ways that the government of Kenya can possibly use to promote the prevention and treatment of diseases **(7 marks)**

QUESTION FIVE

Personal hygiene is critical in the health of a population. Today, there are many diseases that are linked to poor hygiene in Kenya. Citing relevant examples;

- a) Discuss various aspects of personal hygiene that a person should engage in. **(8 marks)**
- b) Explain strategies that a population can adopt to promote good hygiene. **(7 marks)**

QUESTION SIX

Most student today experience challenges some of which are critical in influencing education productivity negatively and the evidence is linked to stress factors. As a health awareness student,

- a) Explain why stress is a concern among the students in the University
- b) Discuss the consequences of stress on the wellbeing and education outcomes of the students
- c) Suggest ways that students can manage stress in the university

(15 marks)

